



**Edinburgh ME Self Help Group (edmesh)
Therapies for ME Project**

Volunteer Role Application Form

Name

Address

Telephone number

Email address

Are you currently a member of **edmesh**?

YES/NO

Have you been a member of **edmesh** for more than 6 months?

YES/NO

Do you have ME-CFS?

YES/NO

Why are you interested in volunteering for this project?

What experience do you have of complementary therapies?

Do you have any qualifications already in a complementary therapy?

In which complementary therapy would you choose to train and qualify?

Please briefly describe your most recent work experience – whether paid or voluntary, including approximate dates and hours per week (where applicable).

PLEASE CONSIDER THE FOLLOWING INFORMATION CAREFULLY:

Course training timescales range from 2 weekends to train in Reiki, to seven weekends to qualify in reflexology. You must be confident that you are able to complete the training you choose.

We are expecting a volunteering commitment between 1 hour and 3 hours per week. This will be negotiable around you and can be built up over time. Your commitment will be discussed and agreed when completing your Volunteer Agreement.

Certain volunteering roles with children, young people and vulnerable adults will require a Disclosure (Police check). This will only be sought with your consent at the final stage of the recruitment process for successful applicants.

Are you willing to provide 2 years free therapy for **edmesh** members? YES/NO

Please sign and date below:

Signed: _____

Date: _____

REFEREES

Please provide details of 2 referees who can speak about your suitability for this volunteer role. We will contact your referees after your interview.

Name _____

Name _____

Address _____

Address _____

Telephone number _____

Telephone number _____

In what capacity do you know
this person?

In what capacity do you know
this person?

Please return this form to: Liz Blackadder, 3B Chalmers Crescent, Edinburgh EH9 1TW

Thank you for completing this form.

We will contact you as soon as possible.